

# **NEWS RELEASE**

FOR IMMEDIATE RELEASE

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## **North Metro Fire Offers Upcoming BLS and CPR Certification Classes** Classes Open to Health Providers and Community Members

**Broomfield/ Northglenn, CO**—North Metro Fire Rescue District is excited to announce that it will be offering a new line up of Basic Life Support (BLS), Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) classes. The BLS/CPR class is available for doctors, nurses, dentists and other healthcare professionals, while the HeartSaver CPR class is geared toward community members.

Basic Life Support training is the level of medical care which is used for patients with life-threatening illnesses or injuries until the patient can be given full medical care at a hospital. Most often BLS is administered through trained medical personnel and is generally used in the pre-hospital setting without medical equipment.

North Metro Fire's BLS/CPR/AED Class is designed to teach healthcare providers to effectively recognize and treat emergencies, perform adult, child and infant CPR, render aid in choking incidents and learn when and how to use an AED. The end of the course will be followed by an exam at which students are required to pass with an 84% or higher to receive certification.

The Heartsaver CPR/AED course instructs anyone with limited or no medical training on how to perform adult CPR and use an AED, as well as how to relieve choking in an adult. Upon completion of this course, students receive an American Heart Association Heartsaver CPR/AED Course Completion Card that is valid for two years.

Classes are held at North Metro Fire Station 62 on 10550 Huron St. in Northglenn. The cost is \$50 per student and includes a CPR student workbook as well as a CPR certification card. For more information or to sign up for a class, please contact North Metro headquarters at 303.452.9910.

**BLS/CPR/AED Class for Healthcare Providers**  
Wednesday, April 23 from 5 – 9 p.m.

**Heartsaver CPR/AED Class for Community Members**  
Tuesday, May 13 from 5 – 9 p.m.

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**North Metro Fire Rescue District**

North Metro Fire Rescue District is dedicated to providing quality service to its residents. North Metro Fire Rescue provides fire protection, emergency medical services, hazardous materials response and rescue services to our community. Formed in 1946, the district now covers 63 square miles with a population of approximately 103,000 people including the City and County of Broomfield, the City of Northglenn and unincorporated areas of Boulder, Adams and Jefferson Counties.