



FOR IMMEDIATE RELEASE 01/21/13

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NORTH METRO FIRE RESCUE SET TO RECEIVE FOOD DONATIONS

Northglenn/Broomfield, CO—Starting February 1, 2013, North Metro Fire Rescue will begin their Annual Winter Food Drive. Donations collected from February 1 through February 28 will be used to replenish supplies at two local food banks that benefit the citizens of Northglenn and Broomfield.

Citizens are asked to donate canned goods or any non-perishable food items. “With the holidays over, food donations often slip our minds. However, the need still exists,” said Stacey Mulligan, Public Information Officer for North Metro Fire Rescue. “Any contribution, big or small, will help make a difference.”

North Metro Fire Rescue also wants to encourage donors to consider healthy options when choosing food items to donate. Food bank operators recommend nonperishables such as:

- low-sugar cereal such as Cheerios or Chex;
- peanut butter;
- cans or plastic containers of juice (make sure it's 100 percent juice);
- canned vegetables, any variety, marked lite or low-sodium;
- bags of pinto or black beans;
- rice;
- canned tuna fish;
- and powdered milk fortified with vitamin D.

Donors should avoid:

- foods high in sodium, fat, oils or sugar;
- chips, candy, cookies and crackers
- sugary beverages;
- items in glass bottles;
- and items that are expired or in damaged packaging.

Community members wanting to donate items can visit one of North Metro Fire Rescue's fire stations from 8:00 a.m. to 9:00 p.m. daily. The locations of the stations are:

Station 61	1275 W. Midway, Broomfield
Station 62	10550 Huron Street, Northglenn
Station 63	10946 Irma Drive, Northglenn
Station 64	13515 Lowell Boulevard, Broomfield
Station 65	9900 W. 120 th Avenue, Broomfield
Station 66	1750 W. 160 th Avenue, Broomfield
Station 67	13875 S. 96 th Street, Broomfield

Citizens who have questions about the food drive may call Stacey Mulligan at North Metro Fire Rescue Headquarters at (303) 452-9910.

North Metro Fire Rescue thanks you for contributing and keeping our community's generous spirit alive.

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About North Metro Fire Rescue District

North Metro Fire Rescue is dedicated to your quality care. North Metro Fire Rescue provides fire protection, emergency medical services, hazardous materials response and rescue services to our community. Formed in 1946, the district now covers 63 square miles with a population of approximately 103,000 people including the City and County of Broomfield, the City of Northglenn and unincorporated areas of Boulder, Adams and Jefferson Counties.