



FOR IMMEDIATE RELEASE 01/10/13

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DON'T DELAY GET CPR CERTIFIED TODAY

North Metro offers new CPR/ AED/BLS Certification Classes

Broomfield/ Northglenn, CO—North Metro Fire Rescue District is excited to announce that it will be offering a new line up of Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) classes for our community. These classes are open to the general public and cost \$50 per student.

North Metro has seen the importance of CPR/AED training in our community because even a medical treatment delay of five minutes decreases survival rates by as much as 40 percent. Also most cardiac arrest emergencies occur either at work or at home so it is important that the general public takes safety into their own hands through training.

The Heartsaver AED/CPR Class is designed to teach rescuers to effectively recognize and treat emergencies in the critical first minutes until emergency responders arrive. The class provides a complete health and safety training plan for adult, child and infant CPR, choking and using an AED.

North Metro will also offer a new line up of Basic Life Support (BLS), CPR and AED classes for doctors, nurses, dentist and other healthcare professionals. Basic Life Support training is the level of medical care which is used for patients with life-threatening illnesses or injuries until the patient can be given full medical care at a hospital. Most often BLS is administered through trained medical personnel and is generally used in the pre-hospital setting without medical equipment.

Classes are held at North Metro Fire Station 62 on 10550 Huron St. in Northglenn. The cost is \$50 per student and includes a CPR student workbook as well as a CPR certification card. The certified CPR/AED cards for both courses are good for two years. For more information or to sign up for a class, please contact North Metro headquarters at 303.452.9910.

Upcoming Classes:

BLS Class for Healthcare Professionals: Thursday, January 24th from 5:30pm – 9:30pm at Station 62

Heartsaver Class for Community: Saturday, February 9th from 9:00am – 1:00pm at Station 62

BLS Class for Healthcare Professionals: Tuesday, April 23rd from 5:30pm – 9:30pm at Station 62

About North Metro Fire Rescue District:

North Metro Fire Rescue provides fire protection, emergency medical services, hazardous materials response and rescue services to the City and County of Broomfield, the City of Northglenn and unincorporated areas of Boulder, Adams and Jefferson Counties. For more information or to contact Stacey, please call (303) 452-9910 or visit the North Metro Fire Rescue web site at www.northmetrofire.org.