

MEDIA ADVISORY



DATE: Oct. 15, 2015

CONTACT: Sara Farris
303-252-3017
303-601-7577 (cell)
sfarris@northmetrofire.org

North Metro Fire Presents Lifesaving Awards to Three Citizens Who Helped Save a Resident in Cardiac Arrest

Tuesday, Oct. 20, 2015

**North Metro Fire Headquarters
101 Spader Way, Broomfield**

5 p.m. – Presentation of awards

North Metro Fire Rescue District will present three Denver area residents with Lifesaving Awards on Oct. 20 for stopping to render aid and administering CPR to Broomfield resident, Michael Engle. North Metro firefighters credit the bystanders for playing an important role in saving Engle's life.

Engle will be meeting the citizens who helped him as well as the firefighters who responded to the call for the first time Tuesday. Leading up to his cardiac arrest on Aug. 25, 74-year-old Engle was taking his motorcycle for a ride and was stopped at the light on the northbound exit ramp of I-25 at Highway 7. His motorcycle died while sitting at the stoplight, so he decided to roll it back to the shoulder, and that's the last thing he remembers.

Jennifer Goldman of Lafayette, Crystal Mikkelson of Northglenn and Arturo Guzman-Perez of Englewood were all stopped in their vehicles at the light beside Engle when they saw him collapse. They all jumped out of their cars and sprang into action. Goldman called 911 as Mikkelson held the motorcycle up allowing Guzman-Perez and another citizen to pull Engle over the guard rail and lay him down. Guzman-Perez had previously learned CPR from a class and started compressions on Engle. Shortly after, North Metro Fire crews arrived and took over caring for Engle.

Engle, a retired machinist from Ball, was walking out of the hospital only a few days later having beaten the odds. According to the American Heart Association, only about 10 percent of people who suffer cardiac arrest out of the hospital survive. Receiving immediate CPR by a bystander, though, increases a person's chance of survival significantly.

North Metro Fire's Board President John Abboud and Fire Chief David Ramos will present each citizen with a Lifesaving Award for their help in saving a fellow citizen's life. The presentation will occur at the beginning of the District's board meeting at 5 p.m.

Engle's story of survival and Guzman-Perez's ability to administer CPR is a great illustration of why learning CPR is important. North Metro Fire has started offering free non-certification CPR classes in its District to increase the number of people who know how to perform CPR.

###

North Metro Fire Rescue District

North Metro Fire Rescue District is dedicated to providing quality service to its residents. North Metro Fire Rescue provides fire protection, emergency medical services, hazardous materials response and rescue services to our community. Formed in 1946, the district now covers 63 square miles with a population of approximately 111,000 people including the City and County of Broomfield, the City of Northglenn and unincorporated areas of Boulder, Adams, Weld and Jefferson Counties.